

Hozhó Beauty Way Center report
June 7, 2025

Yáah'tééh Navajoland Delegates and the Convocation:

Hozhó Center is a place of wellness that offers opportunities and resources for holistic wellness by living in balance and harmony.

In October 2024, an advisory board was created. The advisory board are Maggie Brown, LaCinda Hardy-Constant, Diane Benn, and Jan Brown of Spirit Works Foundation. Their guidance is invaluable and are paving the way for programs. Our ministry focuses on hospitality, spirituality, a learning center, and ministry in the areas of recovery - substance abuse and grief- where there is a need for AA meetings, Al-Anon, Wellbriety Talking Circle, gardening, and education on recovery and healing.

Over the past several years, we have kept up with the healing garden where community is invited to walk, pray and enjoy the new life that sprout from the soil. We continued with a full garden throughout the summer with various kinds of squash, chilis, and tomatoes, watermelon, and melons. We had volunteers who shared in ministry making sure the garden was watered. They made sure the vegetable and melons of the garden that grown into full maturity, were given to the elders and folk of the community.

From November 2024-February 2025, we continued with winter stories sharing with four sessions titled, "Hooghan Biyín". Stories of knowledge and understanding and spiritual living was offered by presenters each month. Our 1st presenter in November was Jacob Flores, 2nd presenter in December was Walter Shorty/Cornelia Eaton, and our 3rd presenter in January 2024 was Walter Shorty, and our 4th presenter in February was Leonard Anthony. The winter stories are teaching series that invites us to listen and hear the Holy Spirit in each of the stories. Stories help us with connecting to Diné ancestral ways- there we can find balance, healing and harmony with self and our surroundings. I hope you will be able to join us this year 2025-2026 for another series of winter stories!

In January of 2025, LaCinda Hardy-Constant began chairing Wellbriety meetings at St. Michael's, however the site of the meeting was changed to the Hozhó Center. The Wellbriety meetings are held every two Fridays of the month (1st and 3rd Fridays) at 6 p.m. In addition to LaCinda's ministry, she will offer awareness programs on alcoholism and recovery. The dates and times will be announced in early summer. The classes will be hybrid.

On May 24, vegetables, chilis and melons were planted. We hope for a fruitful summer harvest!

Hopes for Hozhó Center

- Focus on grief and recovery
 - Teaching and learning
 - Begin AA meetings at St. Michael's
- Winter Stories
 - November 2025-February 2026
 - Will announce new topic and will need presenters- honorarium included
- Planting in the healing garden
- Poetry and open mic
- Making space for a retreat for women's ministry
- Making space for young people to gather

Thank you for your support and prayers in the area of holistic recovery and healing ministries of Navajoland.

Faithfully,

Rev. Canon Cornelia Eaton

Director